



Empowering Grace

Envision ~ Explore ~ Embrace ~Empower

Welcome to your new journey! I will help you envision your dreams and goals. We will explore them together and then embrace them. As we see the success's you will become empowered.

Upon completion of the attached forms, we will meet for a complimentary intake session. During this time we will review the forms, come to know each other and ensure that you are in "coaching" mode.

During the intake session we will determine the number of sessions and rate according to the dreams you have envisioned for yourself.

I look forward to beginning. Please email me if you have any questions prior to the intake sessions.

***My Vision is for you to Walk away knowing
that you are Empowered and Beautiful!***